

Trainee Quantity Surveyor - Interview Prep Pack

15-Minute Rapid Prep

Core Reminders:

- Smile
- Look into camera
- Speak clearly, don't rush
- Stick to STAR: Situation - Task - Action - Result

Quick Prompts:

Intro:

I'm Adam. Interested in Quantity Surveying due to my interest in numbers, construction, and problem solving.

Why QS:

Enjoy combining finance, contracts, problem solving, and construction projects.

Why this company:

Excellent training, career growth, strong reputation.

Key Skills:

Attention to detail, numeracy, organisation, problem solving, communication, teamwork.

STAR stories:

Group project -> teamwork; Uni deadlines -> time management; Checking work -> problem solving

Future goals:

Progress through training, qualify, take responsibility, keep developing.

Final confidence booster:

You're not being judged on perfection - you're being assessed for potential.

Calm, clear, and structured answers are what they want.